

Secret Relationship Habits

Guide for making successful relationships a habit.

By Edward Aldama, MBA



*Have you ever experienced a successful relationship? –Of course you have.
Now, you can use that knowledge to easily create the Habit of Successful Relationships.*

I'm sure you would agree that a Great relationship is worth the effort. In fact, have you ever noticed how everything worthwhile in life requires some type of investment to obtain? A good job, a nice car, or living in a comfortable home. They all take an investment of time and effort. Having a Great relationship works exactly the same way. Trust me, if you've ever been in a Great Relationship then you know, it's well worth the investment. When you put in the time and effort of establishing trust, understanding and involvement with another person you can develop a Great Relationship with anyone.

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Now, don't let all this talk about investment of time and effort scare you, or give you the impression that it will be time consuming, hard work and filled with drudgery. It can be, and should be, if you do it right, the exact opposite. It will be the most fun, and rewarding thing you've ever done. And, it doesn't have to require a large investment of time.

If you have been to my website, then you know that I promote three Keys to creating and staying in a Great Relationship. These three keys are explained below.

The 3 Keys to Creating and Keeping a Relationship Great!

Have you ever wondered how people who are in a Great Relationship got that way? All Great Relationships have these three things in common. If you keep these three simple things in mind when working on relationship building, then you can create a Great Relationship every time.

- Keep the focus each other's needs.
- Enjoy listening to each other's stories.
- Your support will bring you support.

Here is how to apply these three simple keys while you are in a conversation with someone that you want to build a relationship.

First, when you are in a conversation with someone, focus on what they are saying. Take an interest in the topic and ask questions that allow them to expand on what they are telling you.

Second, put aside the things that you want to tell the other person until they are finished with their story. Really listen to what they are telling you and find things that you can identify with in the conversation.

Third, look for ways that you can support the other person in what they are telling you. It may be nothing more than acknowledging that you understand how they feel or agreeing with their point of view. By providing your support to the other person, they will see that you truly want to be a friend who understands and has respect for their opinion.

Pay attention to these three things while building a relationship and you are guaranteed to see amazing things happen.

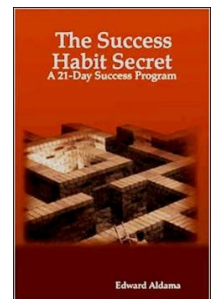
Strong and healthy relationships bring us very rewarding and enjoyable experiences. Whether the relationship is with a good friend, a family member, a co-worker or a romantic interest, using these simple keys during your conversations with the other person will ensure that your friendship will become and stay a Great Relationship.

As with any goal, finding and building a Great Relationship requires a plan of action to keep you focused on the outcome and keep you on track every day. You can have a step-by-step guide that walks you through creating your Action-Plan for guaranteed success.

See how easy it is to create the habit of success for Great Relationships and all of your goals by following the 7-simple steps in my book [The Success Habit Secret](#). Now available through [Amazon.com](#).

[The Success Habit Secret Workbook](#) is also available with templates, reminders and inspirational quotes to help keep your enthusiasm up and your motivation strong. Get your copy at [Lulu.com](#).

Remember, support on the journey to whatever your goal might be is very important. I would be honored to be your coach and part of your support team as you create the habit of success in your life.



Sincerely,
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Visit www.YourGreatestSelf.com for more FREE tips, techniques and tools for goal setting success.